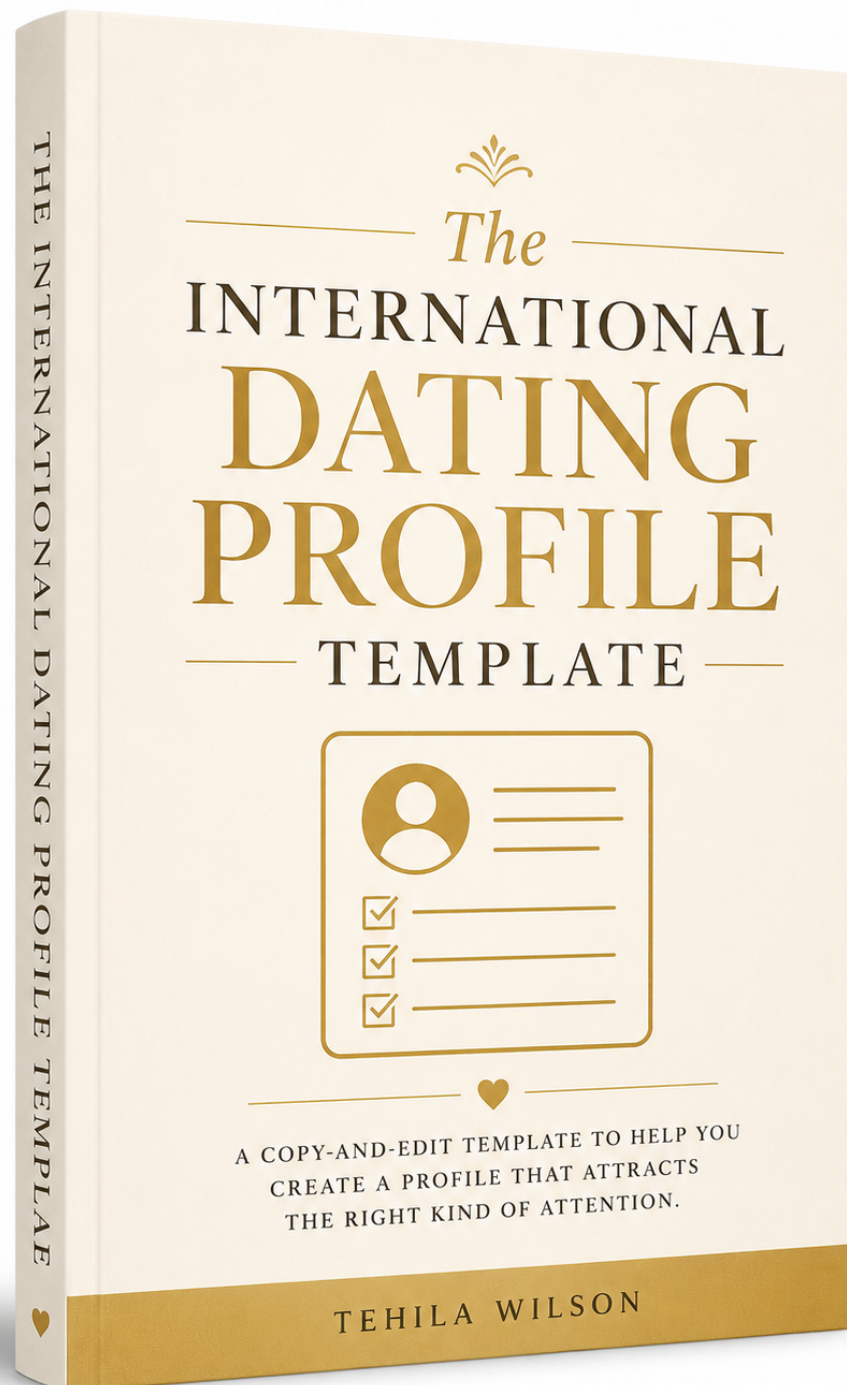




THE INTERNATIONAL DATING PROFILE TEMPLATE

The Plug-and-Play Profile System for African Women Who Want to Attract Genuine International Men Looking for Marriage

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Introduction

When I first joined international dating apps, I thought getting matches depended on being the most beautiful woman on the app.

I couldn't have been more wrong.

After spending time observing profiles that consistently attracted genuine, relationship-minded men, I noticed something surprising.

Most of them weren't trying to look perfect.

They simply looked authentic.

Their profiles told a story.

Their photos felt warm.

Their bios were simple.

Nothing felt forced.

That's when I stopped trying to impress everyone.

Instead, I focused on attracting the right people.

This guide shows you exactly how to do the same.

You don't need to pretend to be someone you're not.

You simply need to present the best version of who you already are.

Chapter 1

Why Most Dating Profiles Never Get Replies

Most profiles fail because they make one of these mistakes:

- Too little information
- Too much information
- Poor quality photos
- Negative language
- Generic bios
- Looking desperate
- Looking fake

A good profile answers one simple question:

“Would someone enjoy getting to know this person?”

Not...

“Would everyone like me?”

Chapter 2

The Three-Second Rule

Most people decide whether they'll read your profile in less than three seconds.

That decision usually comes from:

- ✓ Your first photo
- ✓ Your smile
- ✓ Your expression
- ✓ Whether you look approachable

Your bio only gets read after your pictures create curiosity.

Chapter 3

The International Attraction Formula™

Introduce your proprietary framework.

S.M.I.L.E.™ Formula

S — Show your real lifestyle

Instead of pretending to be rich, show your real, happy life.

M — Make your intentions clear

Mention you're looking for a serious relationship.

I — Invite conversation

Give people something easy to ask about.

L — Look approachable

Smile.

Natural photos beat model photos.

E — Express your values

Kindness.

Family.

Growth.

Curiosity.

Those qualities attract emotionally mature men.

Chapter 4

Choosing the Right Photos

Include examples.

Your Ideal Photo Order

Photo 1

A smiling headshot.

Photo 2

Full body.

Natural clothing.

Photo 3

Doing a hobby.

Photo 4

Travel.

Coffee shop.

Beach.

Park.

Photo 5

Dressed nicely.

Wedding guest.

Dinner.

Birthday.

Avoid

✗ Heavy filters

✗ Snapchat filters

✗ Mirror selfies

✗ Blurry pictures

✗ Group photos

✗ Photos with ex-boyfriends

✗ Excessive editing

Chapter 5

Your Plug-and-Play Bio Template

Template 1

Hi!

I'm someone who believes the best relationships begin with genuine friendship.

I enjoy good conversations, trying new restaurants, travelling when I can, and spending time with family.

I'm looking for someone kind, emotionally mature, and genuinely interested in building something meaningful together.

If that sounds like you, I'd love to hear from you.

Template 2

Originally from Africa, but excited about meeting people from different cultures.

I'm easygoing, ambitious, and happiest when surrounded by good people and great conversations.

I'm here hoping to meet someone who believes love works best when built on honesty, laughter, and mutual respect.

Template 3

Life is too short for endless small talk.

Let's laugh.

Let's learn about each other.

And let's see where genuine connection takes us.

Chapter 6

What NOT to Write

Avoid things like:

"I'm tired of games."

“Don’t waste my time.”

“If you’re broke don’t message me.”

“Real men only.”

“Treat me like a queen.”

These immediately create negative energy.

Instead...

Focus on what you’re looking FOR.

Not what you’re trying to avoid.

Chapter 7

Profile Makeovers

BEFORE

Hi.

Ask me anything.

AFTER

I’m naturally curious, family-oriented, and enjoy learning about different cultures.

I’m hoping to meet someone who believes the strongest relationships begin with friendship, honesty, and lots of laughter.

Several more makeover examples.

Final Chapter

Your International Dating Profile Checklist

Before publishing your profile, ask yourself:

- ✓ Do I have five clear photos?
- ✓ Am I smiling?
- ✓ Does my bio sound positive?
- ✓ Does someone know what I'm looking for?
- ✓ Have I removed negativity?
- ✓ Is everything honest?
- ✓ Would I reply to this profile if I saw it?

If you answered "yes" to all seven...

You're ready.

Remember...

Your goal isn't attracting everyone.

It's attracting the right one.

Bonus Page

Recommended Photo Checklist

- ☐ Natural daylight
- ☐ Clean background
- ☐ Eye contact
- ☐ Genuine smile
- ☐ Neat outfit
- ☐ Minimal editing
- ☐ One hobby photo

- ☐ One elegant photo
- ☐ One casual photo
- ☐ Updated within the last year